

## Welcome ALL Mountain Bikers to the 2021-2022 NCSA MTB Club!

Grades 1st-8th\*

Parents and Family Volunteers Appreciated\*\* Ability Grouping--Novice, Intermediate, Advanced

## Weekly on Tuesdays

Meet Up at 3:45-4:00 Ride times from 4:00-5:30 Pick up at 5:30-5:40---

### Tuesday, September 14th at 4:00-5:30

Student and family orientation, equipment check, skills assessment --Penn Gate, Empire Mine State Park

# **Rotating Riding Locations**---

1st Tuesday of every month--Pioneer Trail+ (Meet at 5 Mile House)
2nd Tuesday-- Empire Mine (Meet at Penn Gate)
3rd Tuesday-- TDS Enduro Course/Empire Mine
(Meet at 7th Day Adventist Church on Hwy 174)
4th Tuesday--Loma Rica+ (Meet at Banner Lava Cap Rd)
5th Tuesday (Rare): TDS/Empire Mine or Bike Clinic

# What is Required

Complete the required <u>MTB Digital Registration Packet (click)</u> either digitally or hard copy Register your rider with YBONC at <u>https://ybonc.org/membership/</u>

### Riders must have the following:

Fully functional mountain bike, properly fitting helmet, extra tube Water bottle, bottle cage or hydration pack and snack Closed-toed shoes and clothes appropriate for the weather and biking

#### **Recommended but Optional Equipment**

Bike gloves, bike-tool, pump, patch kit, eye protection, more snacks, small pack to carry stuff

\*If your student is K-3rd Grade, an adult must accompany the rider for safety. Riders must have at least some ability to ride a bike on dirt See the coach if you have any questions. \*\*Volunteers must register through the office and meet volunteer requirements. \*\*\*Times and rides are subject to change due to light availability or weather.

\*\*\*\*Some rides may be cancelled or changed to trail-work days.